



Cacs Lunch menu



Menu is subject to change without notice. If you have questions or comments on the menu please contact Arica Jahn Food Director, @ 320-669-1995

Free & reduced meal forms can be obtained from the CACS office anytime during the year.

Fat Free Chocolate milk is offered Thursday & Friday.

All grain products served are whole grain.

To check the balance in your account, contact Aubrey Johnson at 320-669-1995.

This facility is an equal opportunity employer.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Cheeseburger wedges mixed veggies Fresh variety of vegetables and fruit of cooks choice milk	2	Cowboy Cavatini dinner roll peas Fresh variety of vegetables and fruit of cooks choice milk	3	Chicken Alfredo bread stick broccoli Fresh variety of vegetables and fruit of cooks choice milk	4	Tator tot hotdish peas & carrots dinner roll Fresh variety of vegetables and fruit of cooks choice milk	5	corndogs fries baked beans Fresh variety of vegetables and fruit of cooks choice milk
8	ground beef stroganoff over noodles dinner roll steamed broccoli Fresh variety of vegetables and fruit of cooks choice milk	9	Sweet & sour chix nuggets seasoned rice oriental veggies egg roll Fresh variety of vegetables and fruit of cooks choice milk	10	stromboli marinara dipping sauce green beans Fresh variety of vegetables and fruit of cooks choice milk	11	hotdog on bun or BBQ pork on bun wedges baked beans Fresh variety of vegetables and fruit of cooks choice milk	12	chicken Noodle casserole bread stick peas Fresh variety of vegetables and fruit of cooks choice milk
15	volcanic meatloaf mashed potatoes corn dinner roll Fresh variety of vegetables and fruit of cooks choice milk	16	pancakes cheese omelet sausage links tator tots Fresh variety of vegetables and fruit of cooks choice milk	17	cheese burgers wedges baked beans Fresh variety of vegetables and fruit of cooks choice milk	18	stuffed crust pizza green beans bread stick Fresh variety of vegetables and fruit of cooks choice milk	19	Lasagna bread stick steamed broccoli Fresh variety of vegetables and fruit of cooks choice milk
22	chicken tetrazzini bread stick steamed broccoli Fresh variety of vegetables and fruit of cooks choice milk	23	Cooks Surprise Fresh variety of vegetables and fruit of cooks choice milk	24	Cooks Surprise Fresh variety of vegetables and fruit of cooks choice milk	25	Cooks Surprise Fresh variety of vegetables and fruit of cooks choice milk	26	Cooks Surprise 
29	MEMORIAL DAY 	30		31					

For breakfast, there will be an alternating variety of assorted cold & hot cereals, muffins, NutriGrain/granola bars, PB&J sandwiches, bkft pizza, yogurt, string cheese, & pop tarts. This will be served with fruit, milk, & juice.

